From the Head of Middle School

The coming week is an exciting week in the life of our Middle School, with almost 100 girls preparing for their public performances of this year’s Middle School Musical, *Seussical*.

It has been a privilege for me to have a backstage role and to consequently get caught up in the bubbling energy and excitement as the girls enjoy the last few days of preparations. As I have been doing my job I have been reflecting on the opportunity the girls involved have had to test their own characters as rehearsals get more intense and the time commitment to the process begins to challenge their ability to keep going under stress.

As a parent it is often difficult to know how much is too much for your child and it can be even more difficult to avoid the trap of comparing your child with another. This can sometimes lead to us having expectations that our children will keep up with everyone else or do more than others so that they stand out. It is also easy to be lulled into thinking that “the more you do, the more you can do” and that in doing so you will achieve more and be better at everything. If this is our response to parenting then we not only encourage but can end up pushing our kids into a hyper-scheduled life that has them running from one activity to the next constantly chasing enjoyment.

Getting the balance right is important. If our children do too much they become exhausted, they begin to dislike everything (even those things they are good at and have always enjoyed), they have no time to stop and play and be creative, they don’t learn their own limits and their sense of well-being is greatly diminished. Do too little and they experience much the same outcome.

One of the things I love about Collegiate however is the wealth of opportunities that are available to all girls. I love it because there is opportunity for every girl to find her own place, to develop her own passion and try a great variety of things before she needs to start thinking about her plans for life after school.

What can you do about an over-crowded program? Determining whether your child is doing too much or too little is important. Look for signs of exhaustion or irritability. Talk to her about the things she loves and the things she could live without. Make sure she has some downtime to stop and play and be creative, they don’t learn their own limits and their sense of well-being is greatly diminished. Do too little and they experience much the same outcome.

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For 17 year old Bek that meant losing her locks. Keen to do her part to support the fundraising, Bek challenged her fellow students to raise $1000, promising to shave her head if they reached the target. The target has been blitzed with over $3000 raised and more donations coming in every day.

Ovarian Cancer Australia is a national not-for-profit organisation and is the peak body for ovarian cancer awareness and prevention. One in 77 women will develop ovarian cancer in their lifetime. There is currently no reliable early detection test or screening program for ovarian cancer. Sadly 75% of women are diagnosed with the disease at an advanced stage where the cancer has spread and is very difficult to treat successfully. More than half these women will not live for five years after their diagnosis. But if ovarian cancer is diagnosed early, up to 80% of women will be alive and well after five years. Further information regarding ovarian cancer can be found at [www.ovariancancer.net.au](http://www.ovariancancer.net.au).

Hair today … gone tomorrow

In Assembly on Wednesday this week Collegiate student Bek Andrews shaved her head in the name of charity. Each year, our Year 12 students select a charity and undertake fundraising in support of that charity. This year the students decided to support Ovarian Cancer Australia. Head Prefect Madeline Reid explains their choice,

“Over the Christmas holidays a much loved Collegiate teacher was diagnosed with ovarian cancer. While she is fighting the disease, we have decided to do all we can to raise funds to support Ovarian Cancer Australia.”

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The whole school has rallied behind the fundraising effort with money raised at the School Fair, a Mothers’ Day Breakfast, cake stalls, a Crazy Stocking Day and morning teas. On the day of Bek’s head shave the students held a fundraising barbecue and concert at lunchtime, as well as spray painting their hair in the teal colour of Ovarian Cancer Australia.

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Mr Charles Kemp
Head of Middle School

Mrs Emma Munnings
Director of Marketing
Middle School Achievements
We wish to acknowledge and congratulate:
• Amy Wallace, Sophie Lienert and Tara Fulton (Year 5) awarded runners up in the Minimus Mythology Competition for Latin students.
• Isabel Carter (Year 7) on selection in the Southern Region U13 Soccer team to compete in several carnivals throughout the year.
• Elizabeth Paul (Year 6) achieved a High Distinction in AMEB music Theory Grade 2.

Please provide details of student achievements to Debbie Betts in the Middle School office on 6211 4930 or by email to debbie.betts@collegiate.tas.edu.au, for inclusion in future editions of Ancanth. Please also let us know if we have inadvertently omitted someone from the list above.

Mr Charles Kemp
Head of Middle School

Latin News
Throughout Term 1, students in Class 502 were much occupied with preparing their entries for the Minimus Mythology Competition. This annual international competition is run in connection with the Latin course that we follow, and attracted 200 entries from Australia, Belgium, the UK and the USA. I am very pleased to announce that three of our girls, Tara Fulton, Sophie Lienert and Amy Wallace gained runner up awards and will be sent book prizes for their wonderful work based around this year’s theme: Daedalus and Icarus. The judges’ comments made clear that scenes showing a depth of understanding of the story by incorporating panoramic views and relevant details were clearly favoured. As can be seen, Tara’s, Sophie’s and Amy’s respective entries certainly met this criterion.

Mr Ed Mackey
Teacher of Latin

Year 10 Health Forum
The 2011 Year 10 Health Forum will be held on Thursday 7 July from 7:00pm to 9:00pm in Linmor Hall. The format for this forum will be different to previous years and all guests will be able to participate and engage in discussion on all topics presented. Some of the topics that will be discussed this year include sleep, abuse, self-image, anorexia and more. The current Year 10 Health class have been working hard to prepare podcasts on each topic along with stimulating and engaging questions. By now parents and guardians should have received an invitation to attend. If you have not received this, please contact the School office for an electronic copy. RSVPs are required should you wish to attend. This promises to be a great evening and one that will stimulate ongoing discussions at home. If you require any further information please contact Mrs Helen Andrews or Miss Julie Kemp.

Mrs Helen Andrews and Miss Julie Kemp
Teachers of HPE

St Michael’s Collegiate School presents Seussical

By arrangement with Hal Leonard Australia Pty Ltd

St Michael's Collegiate School
presents Seussical

Don’t miss out, tickets are selling FAST!

Tickets available at the Middle School Office

Hobart Orpheus Choir Inc.

Est. 1877

Presents:
Choral Masterpieces through the Ages, Sacred and Secular

St George’s Church Battery Point
Sunday 31 July at 2:30pm

With guest artists: Alice Buckmaster on Viola and Louisa Snell on Trumpet

Conductor: Marian Bisset
Accompanist: Elizabeth Rockliff

Tickets $15.00 Available from Choir members, door sales or phone 03 6247 6960
The National Self-Detection Program for Scoliosis – 2011

The past several decades have seen major advances in the management of spinal deformity generally and of adolescent idiopathic scoliosis (AIS) in particular. It is now well established that early detection of AIS, and treatment where indicated, results in better outcomes as might well be expected on general principles. This is the basis of screening adolescent girls for scoliosis because in the early stages of curve development the girls have no symptoms.

July and August are the months when it is recommended that all girls in Years 7 and 9 participate in the National Self-Detection Program for Scoliosis. The brochure is available from the following site: www.scoliosis-australia.org/scoliosis/self_detection_prog.html

The optimum time for the detection of scoliosis is just after the onset of the adolescent growth spurt and this corresponds to Year 7 for the majority of girls. It is also recommended for Year 9 girls in order to catch those whose growth pattern differs from the average. I would encourage all families with daughters in either Year 7 or Year 9 to download the brochure and participate in the National Self-Detection Program and if you are concerned please contact your family doctor for further information and diagnosis.

Miss Julie Kemp
Head of Year 9

keys2drive - helping parents teach their Learner driver

As a parent you may be a good driver; but being able to teach your Learner is not an easy task. A recent national survey of more than 1250 parents of Learner drivers found that almost half (45.5%) were nervous or apprehensive when they began teaching their teen how to drive.

keys2drive is a Federally funded program, developed by the Australian Automobile Association which aims to take the drama out of learning to drive. It helps parents to prepare for their role as a supervising driver and to ensure that any time spent in the car with their Learner is successful and effective.

keys2drive is a free lesson (involving theory and on-road) delivered by an accredited professional driving instructor to any Learner who is accompanied by their supervising driver – most often a parent.

This program, the single largest Learner driver safety program undertaken in Australia, represents a unique and valuable experience for parents and their Learner drivers.

To register for a free lesson or to learn more, visit www.keys2drive.com.au

Kyalami Equestrian – Horse Riding School in the Huon Valley

Providing Horse Riding Tuition for all Ages and Abilities
Lessons on your horse or ours
School Holiday Camps
Parent and Child Classes
Agistment
Horses Taken for training
Horses and Ponies occasionally available for Lease or Sale
Contact Anita on 0438674849 or kyalamiequestrian@bigpond.com

NEiTA Nominations 2011

Nominations are now open for the NEiTA (National Excellence in Teaching Awards) 2011 ASG Inspirational Teaching Awards – Australia’s only national, independent community-centred teaching awards. The program gives Australian secondary students, parents, early childhood education and school communities the opportunity to thank their inspirational teachers formally.

NEiTA acknowledges that teachers are the greatest influence on a student’s learning and performance outside the family. The NEiTA 2011 ASG Inspirational Teaching Awards theme for this year is Teachers Count.

Under this theme, NEiTA reminds us that outstanding teachers count because of the profound impact they have on our students, our community, our education system and ultimately our country.

Nominating a teacher is a great way to say thank you, and to recognise, celebrate and congratulate an inspirational leader, principal or director. Parents are encouraged to look at the NEiTA website http://www.neita.com for more details and to consider nominating someone they think is worthy of this significant public acknowledgement. Parents may nominate individually or contact me on 0407 247 006 to suggest someone for the CPA to nominate.

Mrs Jenny Coombes
CPA President

Collegiate Parents’ Association Meeting

The next meeting will be on Monday 4 July at 7:30pm in the Cananore Building (Senior Campus, next to the bus park in the turning circle).

We would warmly welcome any new or old faces to come along. This is a great way to see what happens behind the scenes, to have input into various school matters and to meet other parents. Meetings take no more than an hour and you can sit back and relax or participate in many ways. We need two people to volunteer to be Year Representatives for Year 10 and Year 8. This is not an onerous task - call or email me for more information. (Susan Wurf, ph: 0414 676 664 or susanwurf@gmail.com).

Our Agenda for July is as follows:

CPA Meeting Monday 4 July 2011

Welcome
Attendance and Apologies
Acceptance of Previous Minutes
Correspondence
Treasurers’ Report
Principals’ Report
Presidents’ Report
Business Arising From Previous Minutes
-Wheelie Bags – Robyn Kronenberg
New Business
-Bonfire Night cancellation -Jenny Coombes

Mrs Susie Wurf
Secretary Collegiate Parents’ Association

Update your Email Address

There will be a comprehensive Parent Survey sent out by email later this year. If you have changed your email address recently or are unsure that your correct email address is on file at the School, please advise your correct details to: collegiate@collegiate.tas.edu.au.

(Please note that the Ancanthe mailing list is maintained separately to the School records, receiving Ancanthe does not guarantee receipt of other information from the School by email.)
Week 3 Term 2

Sunday 3 to Sunday 10 July
NAIDOC Week

Sunday 3 July
Third Sunday after Pentecost
Middle School Musical Rehearsal, McNeill PAC, 10:00am to 4:00pm

Monday 4 July
Chapel: Stevens/Monty, 8:30am to 8:45am
Collegiate Parents’ Association Meeting, Cananore, 7:30pm
Music: Marimba Ensemble, Middle School, 12:30pm to 1:15pm,
String Quartet, Broughton, 12:30pm to 1:15pm, Orchestra, McNeil PAC, 4:00pm to 5:30pm, Middle School Band, Middle School, 3:45pm to 5:00pm
Hockey: Col Div 1v Rosny at THC 1, 5:00pm, Col Div 2 – Bye
Netball: Year 8 Col v Dom B at Moonah Sports Centre 3, 5:00pm,
Year 7 Col v SMC at Col, 4:15pm, Year 3/4 Col B v MCC W at MCC, 4:00pm, Year 3/4 Col W v SMC G at H.C.2, 4:00pm, Year 3/4 Col R v SMC B at H.C.3, 4:00pm

Tuesday 5 July
Chapel: Dundas/McPhee, 8:30am to 8:45am
Music: Years 5/6 Choir, Middle School, 1:15pm to 1:50pm, Senior Choir, McNeill PAC, 12:45pm to 1:15pm, Bell Ringing, Middle School, 3:45pm to 4:30pm
Winter Sports Day Year 6 – Hutchins/Mt Carmel
Cross Country - Tasmanian All School Championships at Symmons Plains
Hockey: Col W Yr 9/10 v Col R at THC2, 4:00pm
Soccer: Col 1sts v GYC at GYC, 4:00pm, Col 2nds - Bye
Netball: Year 10 Col v SHC at Col, 5:00 pm, Year 9 Col v Dom G at Col, 4:15pm

Wednesday 6 to Friday 8 July
Science and Engineering Challenge

Wednesday 6 July
Chapel: Reibey/Mitchell, 8:30am to 8:45am
Music: Musical Vocal Rehearsal, Middle School, 12:30pm to 1:15pm, Collegiate Singers, McNeill PAC, 4:00pm to 5:30pm, String Trio, Broughton, 4:00pm to 5:30pm
Netball: Col 1sts v GYC at Aurora Stadium 5, 5:00pm, Col 2nds v MTC at Aurora Sports Stadium 5, 4:00pm, Year 5/6 Col v SMC B at Founders, 4:00pm
Badminton: College Col A v TFS at Crt 5, 4:00pm, College Col B v TFS at Crt 3, 4:00pm, College Col C v GYC at Crt 2, 4:00pm

Thursday 7 to Saturday 9 July
Middle School Musical, Seussical, 7:00pm each night and a 1:30pm Matinee on Saturday

Thursday 7 July
Chapel: Middle School
Years 11 and 12 Study Day
Year 10 Health Forum
Music: Years 7/8 Choir, Middle School, 12:30pm to 1:15pm,
Friday 8 to Friday 15 July
Years 11 and 12 Examinations

Friday 8 July
Chapel: Kilburn/Rivers, 8:30am to 8:45am
Music: String Quartet, Broughton, 12:30pm to 1:15pm, Senior Choir, McNeill PAC, 12:45 to 1:15pm, String Quartet, Broughton, 4:00pm to 5:30pm
Badminton: Year 7 Col v TFS A at TFS, 4:00pm, Year 8 Col A v MTC at Crt 12, 4:00pm, Year 8 Col B v Taroona at Col, 4:00pm, Year 9 Col v Fah at Fah, 4:00pm, Year 10 Col v Fah at Fah, 4:00pm
Water Polo: Year 11/12 Col R v Fah at dive end, 7:30pm, Year 11/12 Col W v Rosny Girls at dive end, 6:30pm, Year 9/10 Col v Dom Girls at middle, 8:00pm, Year 7/8 Col W v MTC Y7 at change end, 8:30pm, Year 7/8 Col R v Ogilvie at change end, 7:30pm, Year 5/6 Col R v Mt Stuart Polo Bears at change end, 6:30 pm, Year 5/6 Col W v Mt Stuart Sharks at dive end, 7:00pm

Saturday 9 July
Hockey: Col R Yr 6/7 v Ogilvie at HCl, 10:00am, Col W Yr 7 v SHC at HCl, 9:00am, Col Yr 8 v Clarence at WP1, 9:00am, Half Field Blue v Corpus Christie G at THC3, 9:00am, Half Field Yellow Col W v TFS R at Cornelian Bay A, 10:00am, Half Field Yellow Col R – Bye, Hookin2hockey Green Col v Fah at THC3D, 9:00am

Coming Up
Monday 11 to Tuesday 12 July
Year 7 Overnight Bushwalk, 701
Monday 11 to Friday 15 July
Years 9 and 10 Examinations
Thursday 14 to Friday 15 July
Year 7 Overnight Bushwalk, 702

From the Chaplain… Parenthood

During the June holidays I came across a quote from author Clarence Kelland who once wrote “My father didn't tell me how to live; he lived, and let me watch him do it.” I immediately thought about whether my children could say the same of me. Whilst I do at times model the virtues of love, compassion, patience and empathy – virtues that I hope they would develop in their own life, I know that at other times I model criticism, impatience and a quick temper.

One of the most remarkable instructions the Apostle Paul gave to the early Church was not just that they should model their lives on Christ, but that they should be imitators of him. In effect, Paul said to the first Christians “Do you want to know how to live the abundant life of love that Jesus called us to? Copy me. Watch how I do it. Let me be your model of Christlikeness.” Whilst I focus my Chapel teaching on the Fruits of the Spirit in abundance in your life? Copy me! Watch how I do it. Let me be your model of Fruitful living.

But that they should be imitators of him. In effect, Paul said to the first Christians “Do you want to know how to live the abundant life of love that Jesus called us to? Copy me. Watch how I do it. Let me be your model of Christlikeness.” Whilst I focus my Chapel teaching on the Fruits of the Spirit this year I, of course, try to model these Fruits for all to witness. Alas, I am not as confident as Paul who could say “…[do you] want to know how to live the abundant life of love that Jesus called us to? Copy me. Watch how I do it. Let me be your model of Fruitful living.”

What is it that you model to your children? At the end of your earthly life could they say of you “My parents didn't tell me how to live; they lived, and let me watch them do it.” May we model to our children “Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-control”.

Shalom (Peace),

Scott Sargent
School Chaplain

There is more to life than increasing its speed
Mahatma Gandhi