From the Deputy Principal

Restful Holidays

Welcome to the start of Term 2. I hope that everyone is refreshed and excited about what looks to be a very productive winter term. We have the Winter Solstice to look forward to this week which means the days begin to get longer. Considering it is still dark at 7:15am in the morning it will be a most welcome turn. It may even make getting out of bed on these cold mornings a little less daunting. I know that many staff and students continued to work over the holidays preparing for the examinations which will start in 2 weeks. I am sure many students took the opportunity to catch up on some much needed sleep. Unfortunately there is no such thing as a sleep bank and sleep is extremely important for young people. Forming good sleep habits and patterns will contribute to individual health and wellbeing, which is the most important thing in our life. One thing is for certain, sleep is fundamental for good learning.

Children’s sleep patterns are always at the forefront of a parent’s mind, whether trying to get your toddler to nap or trying to get your teenager out of bed, issues around sleep can be daunting. Dr Kurt Lushington from the South Australian Centre for Sleep Research says, “With disturbed sleep you pretty well see changes in everything from the cardiovascular system through to skin.” Sleep is important to maintain a healthy body, clear the brain, help our immune system and improve energy levels. How much sleep is enough? Children aged 2-5 years need 11-12 hours, aged 6-12 years need 9-11 hours and teenagers need 8-10 hours.

There are many approaches to promoting and improving better sleep in young people which include good routines, bedroom environments and good food and nutrition. These routines are essential to establish. Here are a few tips; encourage children to go to bed and get up at the same time every day; keep weekend sleep patterns to within 2 hours of what happens during the week; ensure there is plenty of time to unwind before going to bed; provide a bedroom environment that is conducive to sleep; ensure that all electronic stimulation is turned off and encourage your child to communicate with friends during the day; eating or drinking caffeinated drinks close to bed is not healthy and can be a stimulant; physical activity can help sleep but do not exercise close to bedtime.

With examinations and a busy winter term ahead I encourage you to help your children make good sleep routines a priority. The Collegiate Parents Association offers invaluable support to the School in many ways from organising social events to fundraising. We are particularly grateful for the support of the CPA in assisting the School to become a member of the Parentingideas Network, an online support network which allows the School to access resources we can share with parents. As an educator we have a part to play in providing parents with information that may help them in their role as parents and to provide insight into what might be considered an acceptable approach to take with any issue.

Despite the cooler weather there is still much happening at Collegiate in Term 2 and I trust you will embrace all the opportunities that present themselves this term.

Mrs Cawley Farrell
Deputy Principal

Bell Ringing News

Next week Collegiate will be hosting Kevin Ko and his 30 bell ringing students from Hong Kong. They will be performing at St David’s Cathedral this Sunday at 2:00pm, along with our Anglesea Chimes and Middle School Belles. Everyone is welcome to come to this event and the entry is just a gold coin donation to the Cathedral. Secondly, he will be working with our students at school on Monday, Tuesday and Wednesday, culminating in a concert on Wednesday night at 5:00pm at Linmor Hall. Any ‘old’ bell ringers are more than welcome to come along and ring with us. I do hope to see you there.

Ms Melissa Howden
Junior School Music Teacher
A Top Production for Caryl Churchill’s Modern Classic

Top Girls has justifiably won its place in the contemporary English theatrical canon and Jane Polley should be congratulated for staging such an important, complex and demanding work. At the heart of the play is the perennial problem associated with womanhood: can a woman have it all and still maintain her personal and social integrity? That is an important question which only the audience can answer after watching this exciting and cerebral work. The Collegiate 2012 production was superb, elucidating some of the play’s strong messages; particularly compassion and the futility of success when this is enacted at such a high personal and social cost.

Miranda Allender, as the play’s protagonist had the most demanding role in the ensemble and her aloofness as a performer served this unsympathetic role well. Despite the assertiveness, determination and egoism, that form Marlene’s DNA, Miranda’s vulnerability and grace reminded the audience that historically this was indeed a tough time for women and one embraced success at her own peril. Gabrielle McLeod, as Marlene’s downtrodden sister brought poignancy to the part and the decision to have the two sisters sporting similar hairstyles was a great theatrical feat. Allender’s splendid Marlene was showcased in the more intimate contexts of Acts II and III, particularly when she shared the stage with her estranged daughter, “poor simple Angie who’s not going to make it”. Daisy Buttery’s interpretation of Angie was a splendid one, filled with longing and tinged with sadness and melancholy.

I loved the simplicity of the white motif in the play’s spectacular opening scene – at once reminding the audience that the construction of ‘womanhood’ is anything but a blank canvas and that femininity is indeed a cultural accretion, often against notions of purity and innocence. Marlene may not be a great paragon of achievement by our 2012 exacting standards, at a time when Julia Gillard rules the roost, but Churchill, working in 1982 chose such an odd assortment of ‘great women’ to illustrate how one’s performance of ‘being a woman’ is often an emotional and economical set and sound should also be acknowledged in creating a concise narrative shorthand introduction to the various characters and their respective personality. Anne Cordiner has worked assiduously with Jane Polley ensuring the myriad of accents used in the play were accurate and that the acting of the girls served the intentions of the playwright. Both women should be proud. Collegiate is lucky to have such remarkable ardent professional ‘top girls’ working for them. By the end of the play, the audience really appreciated that this work celebrates the achievement of women in an oppressive patriarchal society but simultaneously criticises ‘top girls’ as complicit with an uncaring, uncharitable patriarchal capitalism.

Mr Will Simon
Head of English Faculty

Middle School Acknowledgments

We wish to acknowledge and congratulate:

- Raffaella Puli (Year 5), who competed as a member of a Central Region U11 girls soccer team and placed third in the Devonport Junior Soccer Cup held recently. Raffaella scored two goals during the competition.
- Laura Harrison (Year 7), who competed as a member of a Southern U13 girls hockey team at the recent intrastate tournament.
- Rebecca Revill (Year 6), who has been selected in the U12 State Hockey team to compete in Adelaide in August.

Please provide details of student achievements to Debbie Betts in the Middle School office on 6211 4930 or by email debbie.betts@collegiate.tas.edu.au for inclusion in future editions of Ancanthe. Please also let us know if we have inadvertently omitted someone from the list above.

Mr Charles Kemp
Head of Middle School
Collegiate girls Get Set to live a life they love!

National Career Development Week was a chance to focus on the future for our girls. The school believes this is an important aspect of our students' education. Activities during the week are designed so that students can relate what they are learning in class to the ‘World of Work’ and the broad range of career options that arise from each subject.

Highlights included a ‘Dress for Success Day’ where girls were encouraged to wear the sort of attire that would win them the interview. It is important for students to learn the skills necessary to successfully apply for and gain employment. How you are dressed creates a positive first impression and sets the tone of the interview.

The Senior School assembly focussed on non-traditional jobs for women. Guest speaker, Nikki Mathers talked about doing her education backwards! Having completed her building apprenticeship she has now commenced a degree in Project Management.

A debate between the Hutchins and Collegiate Senior Debating Teams on the topic ‘That everyone has equal opportunity in the workplace’ proved a challenging topic as the students had to examine the concept of equality and whether gender, disability, age and cultural diversity is still an issue in the workplace. While it was an extremely humorous event it also raised some serious issues. The Collegiate girls won by a small margin.

The week’s events reinforced the aim of Career Development at Collegiate by putting the spotlight on how important it is for students to start thinking about their future while still at school.

Students need to get to know themselves and be able to articulate their skills and personal attributes as well as learn about career and work exploration and the skills to maintain and build their career.

So take a lead from Collegiate and get started!

Mrs Vivien Ride
Academic Dean

The Get the Life you Love Campaign and National Career Development Week (NCDW) are supported by the Federal Government Department of Education, Employment and Workplace Relations (DEEWR).

Add a Collegiate Pride Rose to your garden!

The roses will be available for collection from Cananore (Senior Campus) from Monday 2 July.

Collegiate Pride rose bushes are $25 each

Reserve your rose(s) by mailing your order with a cheque payable to “Collegiate Old Girls’ Association” to:

Mrs Keir Steedman
18 Delta Ave, Taroona Tas 7053
Questions to Keir Steedman on 6227 8521
From the Chaplain  MasterChef

One of those shows I pretend my wife forces me to watch with her (whilst actually enjoying the show) is MasterChef. There is always such pressure to do the seemingly impossible and cook the perfect dish in what seems to be considerably less time than should be allowed. Our spiritual development is not a contest nor is it a race. In speaking of one of Jesus’ stories (parables) – The Parable of the Yeast (see Matthew 13), in which Jesus likens God’s Kingdom to the yeast that a woman took and mixed into a large quantity of dough to produce the desired rising and expansion of the bread, Collegiate parent and local Anglican Minister Stephen Carnaby spoke about how yeast does its work slowly, almost imperceptibly, over time (several hours) until it achieves its purpose. Speaking to all Middle and Senior School girls at our Beginning of Term Service Stephen spoke of how when he was at Hutchins he was nominally a Christian, but that his Christianity was of no more importance to him than his soccer or ‘Donkey Kong’ gaming. He went on to tell the girls how in his first year at UTAS during a weekend at the beach with some friends who were committed Christians he was challenged to again consider Christ and the place of Christianity in his life. Over a period of time Christianity became increasingly more important and central to Stephen. Stephen told us that one of the points that can be drawn from Jesus’ Parable of the Yeast is that faith and spirituality can take time to grow in our lives. In my own case it took me 28 years to appreciate and understand the Jesus of history!

May God grow in all of us an awareness of his love, power and purposes, as revealed to the word in and through his Son.

Scott Sargent, School Chaplain
chaplain@collegiate.tas.edu.au

School Calendar

Week 2 Term 2

Sunday 24 June
Fourth Sunday after Pentecost

Monday 25 June
Hockey: Col 1sts v Fah at THC2, 6:00pm, Col 2nds v Fah at THC1, 6:00pm, Col Yr 9R – Bye, Col Yr10W v Ogilvie White at THC3, 4:00pm
Water Polo: Yr 7/8 and 11/12 training 6:30pm – 7:30pm
Netball: Col Yr 7/8 TBA

Monday 25 to Friday 29 June
Year 9 Focus on the Future Week

Tuesday 26 June
English Performance Say it to My Facebook, 11:00am to 12:30pm
Junior School, New Term Service, All Saints 1:20pm
Hockey: Col Yr 7R v Clarence at THC1, 3:50pm, Col Yr 8 W v Kingston at THCH1, 4:30pm
Netball: Col Yr 9/10 TBA

Wednesday 27 June
Year 9 Learn to Earn
ICAS Science
Water Polo: Yr 9/10 training 6:30 – 7:30pm
Badminton: Col College A v Col B at Crt 2, 4:00pm, Col College C v TFS B at Crt 9, 4:00pm
Netball: Col 1sts v SMC at Stadium 5, 5:00pm, Col 2nds v Fah at Stadium 6, 4:15pm
Hockey: Col 2nds/Yr 9 training at THC, 4:00pm -5:00pm

Thursday 28 June
Year 9 Try a Trade
Year 10 Alliance of Girls’ Schools Parliamentary Lunch
Open Day

Friday 29 June
Year 9 University Day
Years 5 and 6 Social at Hutchins
Water Polo: Col Yr 5 R Junior girls v Hutchins, at Change End, 6:30pm, Col Yr 6 W Junior girls v Mt Stuart Primary at Change End, 7:30pm, Col Yr 7/8 v MKC 7/8 at Change End, 8:30pm, Col Yr 9/10 R v Col Yr 9/10 W at Dive Pool, 6:00pm, Col College Yr 11Pink v Elizabeth Combined at Dive Pool, 7:30pm, Col College Yr 12Purple v TFS B at Dive Pool, 6:30pm
Hockey: Yr 10 and Yr 7/8 hockey training at THC. 4:00pm – 5:00pm
Badminton: ColN Yr 9A v Fah at Fah, 4:00pm, ColW Yr 9B v MTC G at Crt 3, 4:00pm, Col Yr 10A v Fah at Fah, 4:00pm

Saturday 30 June
Hockey: Half Field Blue Col W v Corpus Christie Y at Cornelian BayA, 9:00am, Half Field White Col R v Corpus Christie R at THCH3 White, 8:30am, Hookin2hockey White Col v TFS W at THCH3C, 8:45am, Col 5/6 R (Div 2) v Fah at H.C., 10:00am

Coming Up

Monday 2 July
ICAS Writing Scholarship students from Years 5 to 12
CPA Meeting, Cananore, 7:30pm

Thursday 5 July
Years 10 to 12 Study Day

Friday 6 July
Year 6 Walk
Year 9 Study Day
Friday 6 July to Wednesday 11 July
Year 10 Examinations
Friday 6 July to Friday 13 July
Years 11 and 12 Examinations

Position - CPA Treasurer

Unfortunately due to work commitments, Megan Killion-Richardson has had to resign her position of CPA Treasurer. On behalf of all parents, I would like to thank Megan for her hard work and cheerful manner during her time in this position. If you would like to nominate for the role of Treasurer, please read the position description on the CPA’s webpage and call me on 0407 247 006 to submit your nomination by 29 June. The position will be elected at the CPA next meeting on 2 July.

Mrs Jenny Coombes, CPA President

Take rest; a field that has rested gives a bountiful crop. ~ Ovid